

PRO HOCKEY ACADEMY 2019 – ZEITPLAN / SCHEDULE

Sonntag, 21.07.+28.07. / Sunday, July 21st+28th

„Power - is being in control of your own life“

PHA-I

10:00-13:30 Anmeldung (AB)
registration

13:35 Kabine-Info (AB)
dressing room

14:45-15:15 **Eröffnungszereemonie-Eis (AA)**
opening ceremony - on ice

15:15-16:15 1.Eistraining (AA)
1.practice on the ice
TW/goalie - SPECIAL

(Snack-im ES)

17:00-17:45 Teambuilding (KTS)

18:00 Abendessen (AR)
dinner

19:00 BUS (AB)

19:15-19:45 Hotel-check-in (HM)

20:45 Nachtruhe (HM)
lights out

20:45 Coaches Meeting HC + 1.AC + GC (AR)

TERMIN FÜR ELTERN:

16:15 Elterninfo – Arena A (am Zuschauereingang)

PHA-II

10:00-14:00 Anmeldung (AB)
registration

14:05 Kabine-Info (AB)
dressing room

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TERMIN NUR FÜR ELTERN/parents meeting:

16:15 Elterninfo – Arena A (am Zuschauereingang)

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Erläuterung:

AA-Arena A, AB-Arena B, GTH-grosse Turnhalle / large Gym

FZ-Fitnesszentrum Arena A, KTS-kleiner Turnsaal Arena B / small Gym

VR-Videoraum Arena B / videoroom, SB-Schwimmbad / Swimming pool AR-Arena Restaurant, HM-Hotel Marttel